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JOHN L. SULLIVAN'S RETIREMENT.

The retirement of John L. Sullivan from the prize ring, announced from his own lips under circumstances as to leave it a matter of little doubt, marks an era in the history of pugilism, and is an event to call forth much and various comment.

Fist-fighting, to the minds of perhaps a majority of citizens does not rank as a high calling. It is held up as a brutal and a lowly occupation, unworthy of a man of understanding. The law, in deference to this view of the master, has put its stamp upon pugilistic encounters of the more pronounced order. Yet no man, whatever his view of the pugilistic ring in a moral way, can deny that there is in him a very free appreciation of and admiration for those qualities of strength and agility which make a successful pugilist, and which are, indeed, among the nobler physical endowments possible to any man.

John L. Sullivan possesses these qualities to such a degree that he has been, and perhaps might continue to be, the greatest pugilist of his age. To the mind of the masses he stands as an irresistible combination of muscle, cleverness and pluck. The sentiment in America, that no man can do this big fellow successful battle in the ring is to all practical purposes unanimous. And so it comes to pass that he has assumed a popularity as tremendous and as widespread, that his influence touches even those who do not appreciate him.

Men who have admired his profession most sharply have been known to turn eagerly where his presence was announced, and to exhibit a remarkable interest as to the outcome of some ring contest in which he was a participant.

The possession of such splendid prowess has, however, not saved Sullivan from damnation, based on his tendency towards sports of dissipation and of brutal excesses. Not even his immediate friends can pretend to overlook the evil of this tendency, which, to foes of the prize-ring on moral grounds, appears as the natural stamp of a professional fighter.

But now this modern gladiator, content with the mastery that his ring adventures have brought him, announces that the championship which none has been found to take from him must find another defender. He could, perhaps, have found no better time to do this. His fame is at its highest. His exploits will make a story of themselves in the future. The tide of his success is unchanged by anything suggestive of power failing or gone. In the history of the questionable branch of sport in which he led all he will always figure as Sullivan, the undubiated champion.

HE MUST BE DEFENDED.

When London was terrorized by Jack the Ripper's brutal murders, the New York police acted promptly and said that such a condition of affairs could not exist in this town, and told what they would do if the streetcar had been committed here. Now that a parallel crime is in the half-light New York hopes that the "finest police force in the world" will be able to apprehend the perpetrator. It will be sad indeed if this brutal murderer should go undetected, for not only would that cast a serious reflection on the Chief of the metropolitan detective force, but it would also give the English detection an opportunity to show at its best and give grounds for calling us vassals. This is fully realized by Inspector Stevens and his subordinates who are working to the best of their ability to clear up the mystery surrounding this most brutal murder. They feel the responsibility that rests upon them, and if the murderer does escape it will not be through lack of hard work on their part.

GRAMMAR AND LAW.

An endeavor to get a Brooklyn Civil Justice removed alleges his general incompetency, and among other shortcomings charges him with "writing and speaking the English language very uninterestingly." This is bad. A sentence should not be passed on a grammar which cannot be passed on the sentencing Judge. Good grammar and conventional spelling are not brilliant judicial qualities, but their absence in a court functionary is painful in the extreme. If necessary, our Police Justices, some of whom are a little erratic in their grammar, and other Judges, should be made to pass a civil-service examination in spelling and parsing. Bad English is not an offense as bad law, but it cannot be bounded on the bench.

It seems that the Italian beef really did offend somebody after all. It impressed King Edward's subjects with the fear that they couldn't get over here as immigrants soon enough to be ahead of the rest, and tens of thousands of them got ready to come off.

One of the safeguards against the counterfeiting of our paper money is to have the paper such that no imitator may be practically impossible. This is the safety of the Bank of England notes. A meeting of bank-note paper manufacturers has convened in this city to help Mr. W. W. Ba-

names, Chief of the Issue Division in the Currency Bureau at Washington, with their advice on this point. The two silk threads running through the present Government notes is not sufficiently distinctive. Some scheme for paper should be evolved which will fit the bill with so many experienced heads at work on the subject.

The old turned yesterday at Riverside Park was the beginning of the memorial services to Gen. Grant. As such it was important, and the presence of the Grand Army men in numbers, throngs of spectators and a National value of twenty-one guns fired by the Yanks did honor to it. The most practical form which enthusiasm can take in regard to the monument will be ready subscriptions to the fund for its erection. The parchment which is not moved to do something for such a work is dull and weak.

An English lady, presumably playing in bad luck, cast herself from the sea wall of Monte Carlo into the fair Mediterranean. A gallant sailor thereupon plunged into the liquid blue and fished out the beautiful female. Certainly, the woman had bad luck, when even her suicide card was trumped by a jolly sea-dog. To make a complete romance, the marine should win a fortune at the green table and marry the lady.

Like the whale in the comic opera, the English immigrant coincides which have come in contact with the sorcerers down around Valencia have "been seen no more." With the safety of United States ports a matter of immediate concern, it is gratifying to Uncle Sam to see these indications that the destructive power of naval torpedoes has not been overrated.

The sentiment was expressed at the General Committee meeting of the Business Men's Republican Organization last night that unless that body got down to "practical politics" pretty soon it would need a rebirth, with an epithet, denoting that it is dead of "too much respectability." This idea carries its own commentary on "practical politics" as it is.

A poor old woman nearly eighty, after seeing the death of her twelve children said to a neighbor, wearily, "Why do I not die before my children?" Then she might be spared the loss of the two that remained. Valparaiso have "been seen no more." With the safety of United States ports a matter of immediate concern, it is gratifying to Uncle Sam to see these indications that the destructive power of naval torpedoes has not been overrated.

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So Miss Mine, know here and now that your small bones are marks of beauty, every one of them, but to make them strong enough to support you they must be nourished.

The human system is composed of mineral and animal matter. Both are exhausted in life and must be replenished with those foods which when assimilated, will make new bones and new animal tissue.

If you live on meat alone you feed the animal or flesh parts, but starve the bones as they cannot absorb sufficient salts from the meat to supply the mineral tissues.

The salts in the bones are lime, calcium, sodium and magnesium, to supply which such foods must be provided as contain such elements.

Cereals, such as wheat, oats, meal, rice, cornmeal, and hominy will build up the bone tissue, as will fruits and vegetables, milk and eggs.

Down in the crowded sections on the east side of New York you might in one day find a thousand little children disabled and disfigured by bow-legs, knock-knee and enlargement of the ends of the bones, generally known as rickets.

These diseases, while very common and painful, are the result of neglect induced by poverty.

The parents are too poor to buy proper food for their little children and, to allow them to eat coarse meats, sausages, fish and bacon and drink tea, coffee and beer.

Often they are too ignorant to feel any alarm, thinking that the bending of the softened bone is nothing and that the little one will outgrow it and be all right when he is a man.

But this is a mistaken idea, and if the child is not sent to the hospital for treatment and wholesome food he results are serious if not always fatal.

Lack of proper food and lack of outdoor exercise prevent a growth of all the tissues. This is a simple statement of a very important fact.

Now, little one, I'll tell you what to do, and with the co-operation and loving care of the people who love you, you can very readily grow into a sweet and strong "very small" girl.

Goodness says the doctor weighs on him at times that he feels like a foreign importation.

Tell me you have not lost the name," she says. "I've just repeat the answer." "What ring, the prompter says. "Say you are—"

A second effort, of course, very thin.

Mr. "Just the Right" has been trying—

in vain.

Now is very anxious to play his hand in this contest.

What possiblemodity that was in the suitcase will cut a hole in the woman which needs to be a hole.

Some club believes must feel like a morning dove—the dove is heavy in them.

WORLD'S FAIR.

Herbert Kressler is a man of means, though he looks very poor. He is a medium man, and his head is bare, except for a thin crown of hair. He has an aquiline nose, a ready smile and an intellectual face.

General Fortune's National debt amounts to seven or eight million.

It is more than our taxes as large as the debt of the United States.

Herbert Kressler, the notorious Kressler, seems to be very poor and is unknown to society that he has been a member of the Senate since 1864, and a native of Virginia. He has been a member since 1864.

A hideous malady of some sort is to be treated over New York, and to mark the exact source of propagation in the United States.

Senator Mandeville, who succeeded Ingalls as President of the Senate, is reported to be the most popular Senator in Congress. His voice is always pleasant and his smile is elegant.

At a Continental Passport Office. [From the "Daily News."]

A gentleman walks in and asks for a passport to England.

"Where are you going?" inquires the intelligent functionary.

"To the Orient."

"Goshawker."

"Look here, sir, I don't know how to spell that. Could you go to some other place?"

A Fallows Out. [From the "Daily News."]

"They're such a living couple, there's only one thing that could make them queer."

"Is—Is—Is—"

"Overlook the carriage they may be in; they'll fall out, won't they not?"

Dogs and Dogs. [From the "Daily News."]

"Don't you think a man is pretty bad who is good to his dogs?"

"Why not, being a good man likes to the breeds."

One of the safeguards against the counterfeiting of our paper money is to have the paper such that no imitator may be practically impossible. This is the safety of the Bank of England notes. A meeting of bank-note paper manufacturers has convened in this city to help Mr. W. W. Ba-

BONE-MAKING FOOD.

Hell Nelson Gives Advice to a Delicate Schoolgirl.

Eat Plenty of Cereals, Fruit, Vegetables, Milk and Eggs.

Some Valuable Health Hints Which Many People Can Follow.

A school girl writes:

Please tell me in THE EVENING WORLD what bone-making food is. I am very small for my age. A doctor, a lady visiting school, and me that I should eat more bone-making food. I have no time to eat her what it is, and I do not know. I want that you would teach these things to school. Please answer me. Nella.

Dear Little Girl: The blunt advice of the pompous doctor is characteristic of the smart woman, a type that men and children never love and gentle women seldom admire.

You will find that the more you see of these overpowering creatures the more they will try to impress you with a sense of their own importance and your insignificance.

Now, if the doctor had been a man, in all probability he would have said with a smile:

"Little woman, you must eat more whole some food. Tell your mamma you need a mixed diet and plenty of exercise to make your bones and muscles strong."

Then it would have been your turn to smile and say to yourself, "What a kind, wise man! I'll tell mamma when I go home."

But then men, as a class, are a great deal more generous than women, as you will learn when you get older.

Now, mind you, let me tell you something. You are to be congratulated on being "very small." Little women are always pretty. Big men never tire of talking about their little sisters, little mothers, little wives and little daughters.

A big woman may be handsome, noble and beautiful, but the sweet, dainty, lovely woman is invariably little. Babies are the sweetest creatures in the world, and little girls come next.

So Miss Mine, know here and now that your small bones are marks of beauty, every one of them, but to make them strong enough to support you they must be nourished.

The human system is composed of mineral and animal matter. Both are exhausted in life and must be replenished with those foods which when assimilated, will make new bones and new animal tissue.

Wait until you are fifty before you touch real and pork, for a canary stomach is needed to digest them. Indeed, many physicians and wise men do not think either fit to eat. Don't be tempted to touch internal organs—liver, kidney and tripe particularly. They may make good soup, goulash, and gite, but they will not make good blood or good muscle.

Eat plenty of vegetables. All the bread and butter you want, and all the fruit puddings and pies, but leave the crust, top and bottom. After a heavy meal you need rest. Tell your papa how much you admire him, make love to your little mother, or coax brother to read to you. At 9 o'clock, to bed.

If you are nervous and can't sleep, a warm bath before retiring will soothe your nerves.

Never study when your brain is tired, for it is only a waste of time and overwork. Take a dip and a nap, go out for an hour, and if you feel bright attack the lesson.

The best time for study is in the morning after that splendid bath and fine breakfast.

If you go to bed at 8 you will be up with the chickens and bright as day.

Of course, child, done, if you are in the habit of staying up till 10 p.m. it will take up the time to mend your ways. But better late than never. And remember one thing: When you are up with the chickens and bright as day.

Get the druggist to make it up with hypophosphites and take a tablespoonful after each meal. To diagnose the taste you might take a drop of lemon juice or a peppermint lozenges before and again after the dose to freshen your mouth.

This medicine contains the salts your system needs, which, together with the hypophosphites, will build up your whole physique.

Very often little babies are sent to the hospital in a ricketotic or rachitic condition—both diseases the result of bad nutrition and bad air. They are given all the sweet milk they will drink, a big spoonful of castor oil and a regular warm bath.

They are kept in the sun when not asleep, given all the rest they need in a fresh little cot, and at the end of one week begin to improve. In a month's time they are well, and in ten weeks they are absolutely beautiful.

Identical treatment will benefit the small author of the above letter.

Another word of advice. Don't drink the dirty water that comes from the tank on the roof of the house. It is very, very bad, and the cause of much disease.

Never touch ice water. Every swallow kills the system and retards the process of digestion.

I should have, in the refrigerator two bottles, one filled with water and the other with milk, every day for your own use.

It will be a good plan to give your bed special attention. Let the clothes, pillow and mattress be aired at least one hour every day. Throw the window open, top and bottom, hang the bedding out in the sunlight and have the matress thrown up over the bed.

Take it when you get up. Take it quickly as to avoid cold and use a few drops after drying to polish off.

If you are not very strong a morning cereal will do before breakfast, but you will need at least two immuno baths during the week to keep the pores of the skin in good order.

These baths before breakfast are the best baths before breakfast, and will keep the skin in good condition.

Sleep in a room where fresh air is admitted without exposing you to a draught. Sleep in a room where there is a good circulation of air.

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